

**In general, 0 = no, 1 = yes

pb/cb data taken for patient at baseline or caregiver at baseline

pd/cd data taken at discharge

pt/ct survey data from 30-day phone call

cgtxgrpbinar 0 = Standard of care control group, 1 = Care Companion educational intervention group

cg-txgrp caregiver treatment group: 1=ctrl, 2=untreated (opted out), 3=partial tx (only class), 4=full tx (class + practicals)

pb/cbage patient/caregiver age

pb/cbsex patient/caregiver sex (1=M, 2=F)

pbreadwrite patient literacy (1 = Y, 2=N)

cbliteracy caregiver literacy (1=Y,2=N)

pb/cboccur 1=works primarily outside of the home, 2 = works primarily inside the home

pb/cbreligi 1=hindu, 2=muslim

pbrururb 1=urban, 2=rural; also served as proxy for caregiver

pbd diabetes 1=patient had diabetes

pbhtn 1=patient had high blood pressure

pbrespirator 1=patient had asthma or COPD

pbsmoke 1=patient smokes

ptproc- 1=cabg, 2=1 valve, 3=2 valves, 4=cabg & 1 valve, 5= other

pthoscomp 1=patient had in-hospital complication

ptefpreop patient pre-operative ejection fraction

ptefpostop patient post-op EF

ptbmi patient BMI

ptsystolicbp patient systolic blood pressure

ptdiastolicbp patient diastolic bp

pdpamscore patient activation measure score (calculated from Judith Hibbard's proprietary PAM), taken at discharge

pblang- 1 = hindi, 2=bengali, 3=both

ptproc- 1=cabg, 2=1 valve, 3=2 valves, 4=cabg & 1 valve, 5= other

cblang- 1 = hindi, 2=Bengali OR both

pbses = sum of all material assets (10 total)

cbmarital 1=not married, 2 = married

cb/pbedugrp: 1=below middle, 2=completed middle, 3=completed secondary(senior), 4=college+

cbrelationgrp: 1= wife/husband, 2= daughter/son, 3= sister/brother, 4=other relative, 5=friend

cblivewpt 1=caregiver lives with the patient

cbhelpcare 1=someone else will share caregiving responsibilities at home

cbcaregive 1=caregiver has had previous caregiving experience

cbratehlth3 caregiver's self-rating of personal health: 1=very good/excellent, 2=good, 3=poor/fair

pbtotallh total number of inhabitants in patient's household

camlevdcmiusb: caregiver activation measure; level transformed from score of discharge minus baseline

camlev30minusb: 30d CAM level minus baseline

camlev30minusbbin: 0 = no change/decrease in level, 1 = increased level

camlevdcmiusbbin: 0 = no change/decrease in level, 1 = increased level

cbcamscore caregiver activation measure score, from Judith Hibbard's CAM scoring protocol, taken at baseline

cd/ctcamscore CAM score taken at discharge, and at 30-d call

cb/cd/ctknscore caregiver knowledge score, 1 point for every question correct, out of 10

knscoredcmi caregiver knowledge score, at discharge minus baseline

knscore30mi caregiver knowledge score, at 30d survey minus baseline

ptdietsum patient-reported positive diet behaviors (out of 12)

ptdbsum patient-reported positive diabetes maintenance behaviors (out of 10)

ptwosum patient-reported positive wound care behaviors (out of 9)

ptexernumbi patient-reported exercise at least 1x daily, 1=yes

ptbrnum1x patient-reported respiratory therapy exercises at least 1xdaily, 1=yes

ptbptimes1x patient-reported blood pressure checked at least once since discharge

pb/ptdomph baseline and 30-day patient physical domain score, based on WHOQOL-BREF scoring

ptdomenviro 30-day patient environmental domain score, based on WHOQOL-BREF scoring
ptdompsychr 30-day patient psychological health domain score, based on WHOQOL-BREF scoring
ptdomsocialt 30-day patientsocial health domain score, based on WHOQOL-BREF scoring
domphys30b difference in score between baseline and 30-day patient physical domain score
ptdisabdays number of days caregiver reported patient did not work or do housework
ptccompinflc post-discharge at-home complication- chest wound infection, 1=had a complication
ptccompinflf post-discharge at-home complication- leg wound infection, 1=yes to complication
ptccompnpnr post-discharge at-home complication- lower respiratory infection, 1=yes to complication
ptccompany composite of the three complications listed above; if a person had two complications was only counted once
pt30dalive 1=patient is alive at 30days post-discharge
ptreadmityn 1=patient was readmitted within 30 days post-discharge
pthcutilyn 1=patient used outpatient healthcare services for emergent reasons 30 days post-discharge
ptlosafterot number of days patient stayed in hospital after operation
pdsatishospbin- if pdsatishosp > 9 out of 10, ==1; <9 ==0
cdratehospbin- if cdratehosp > 9 out of 10, ==1; <9 ==0
costpostdcca \$\$ spent post dc on medical care of clinic, nh, hospital
For cost of post-dc hc utilization: Average USD/INR exchange rate for 2014 was 61.013 according to averages of months
here: <http://www.x-rates.com/average/?from=USD&to=INR&amount=1&year=2014>
morisky4 1=high, 2=med, 3= low; Med adherence scale out of 4; High = 0, M = 1-2, L = 3-4